

On the 10th of September I will be embarking on the London Bridges Trek 2022. I previously completed this challenge in 2018 with a close friend for Parkinson's UK. This year I will be aiming to complete this challenge once again for two amazing local charities.

Thames Bridges Trek 2022

The London/Thames Bridges Trek is a 25km trek across London, zigzagging over 16 of the Thames's historic bridges. Starting off at Putney Bridge and finishing at Southwark Park after crossing the final bridge, the majestic Tower Bridge. If you would like to sponsor me on this challenge, please follow the links below.

The Map

From left to right.



Putney Bridge to Southwark Park

Are you completing the London Bridges Trek 2022?

If you are taking part in the Trek this year, [let me know](#) and maybe we can put together a team.

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